Florida A & M University
STUDENT HEALTH SERVICES
DIVISION OF STUDENT AFFAIRS

FLORIDA A&M UNIVERSITY
STUDENT HEALTH SERVICES
FOOTE-HILYER ADMINISTRATION CENTER

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FLORIDA A&M UNIVERSITY STUDENT HEALTH SERVICES

PRE–MED SHADOW PROGRAM (PSP)

DO NOT DISCARD
RETAIN FOR YOUR RECORDS

Student Health Services
Division of Student Affairs
Foote-Hilyer Administration Center

Monday-Friday
8:00am-5:00pm
Phone: 850-599-3777
Fax: 850-599-3067

PSP:
- Provides information on physician shadowing.
- Provides tips on how to shadow.
- Places students in a physician’s office to shadow.
Overview

The Florida A & M University Student Health Services (SHS) Pre-Med Shadow Program (PSP) provides the FAMU pre-med student with clinical exposure by shadowing physicians in the medical field. During the shadowing process, it is important to spend enough hours shadowing the same physician. This offers an opportunity to expose you to the clinical setting while working through the pre-med coursework. This also allows you to see what medicine and a physician’s life are like.

During the admission interviews you may be asked about your involvement in shadowing. This would be a great opportunity to expound on your experience during shadowing by sharing your encounters with the interviewers and use these experiences in your personal statement.

The Experience

Contact the FAMU Pre-med Shadow Program. Choose a specialty of interest. Tell us what dates you would prefer to shadow. Communicate with the physician’s office (and the physician) that you would like to follow the physician in the office, in the operating room (OR) if available, and on rounds in the hospital.

Professional dress and groom is a must. If in doubt, overdress for the first day and once you get a feel of what is acceptable, dress down if necessary. Stand back and observe what the physician does without doing anything yourself. Try not to interrupt or get in the way. Express to your physician how involved you want to be. Some physicians may include you to some degree and as they see your capabilities, may allow you to become more involved.

Be confident and assertive. Ask questions and expect questions to be asked. Be prompt and if you are unable to attend a session, notify your mentor in advance.

Be aware that your mentor may at times be hurried. Remember they are taking time out from their busy schedules to accommodate you. Do not take offense if your mentor asks you to reschedule.

You want as much interaction with the physician so the physician can get to know you and observe that you are interested in medicine. Ask the physician for a recommendation letter after completion of the program which may assist in your application to medical school. Also, don’t forget to show your appreciation for their time.
Please provide honest answers in order to meet your needs and those of the students to follow. Your feedback is very important to us and will remain confidential if you so choose. Using the scale below, rate the PSP by writing the appropriate number for each question. 
[5=Excellent, 4=Good, 3=Fair, 2=Poor, 1=Very Poor]

1. Did the program achieve its goals and objectives?  _____
2. How knowledgeable was your mentor?   _____
3. Did your mentor spend enough time with you?  _____
4. Were you included in any aspect of patient care?  _____
5. Were you encouraged to express your opinions?  _____
6. Did you acquire the experience that you anticipated?  _____
7. What is your overall rating of the program?  _____

Please use the spaces below to share your ideas (please add additional pages if needed).
8. What was the most beneficial aspect of the program?

9. How can we further improve the program?

10. Would you recommend this program to a friend?

Optional

Print Name ____________________________________________________________
Specialty Interest ___________________________________________________

Email ____________________________ Phone ____________________________ Shadow date ________________
Definitions and Requirements:

Confidentiality
Confidentiality means “private” or not to be disclosed. Confidential information is information that if disclosed could create bias against someone or be detrimental to someone’s well-being. You will be required to sign a confidentiality form for each physician’s office.

Professional Office Etiquette
Students in the program are representing FAMU. The impressions made through behavior are long-lasting and reflect on FAMU as an institution. It is in the student’s best interest to maintain appropriate behavior and be responsible for his/her actions. Here are some guidelines:

- Address office personnel as Mr., Mrs., Ms., or Doctor unless asked to do otherwise.
- Do not chew gum.
- Avoid tank tops, low cut blouses, baggy pants and sneakers.
- Do not use slang or profanity.
- Do not accept personal phone calls and turn off your cell phones.

Professional Dress
Personal appearance makes an impression on others. During the program students should always present a professional appearance. For males, wear dress pants, shirt, tie, and dress shoes. For females, dresses or professional business attire with close-toed shoes are appropriate. Limit perfumes since patients may find this offensive.

These requirements must be completed without exception and include:

- Signed Confidentiality form.
- Student “Log-in” form.
- Pre-med Shadow Program Evaluation Form.
- For students interested in making rounds at the hospitals a Temporary ID is required at cost to the student:
  - Background check
  - Drug screen
  - Immunization proof including TB skin test (PPD)

► TMH contact Ms. Melissa Davis at (850) 431-5786, Melissa.Davis@tmh.org