Pregnant Women

- 1 in 10 African American pregnant woman has reported smoking during pregnancy.

- The high levels of nicotine among menthol smokers may cause smoking among Black women during pregnancy to have a greater adverse effect on infants than smoking among white pregnant women.

- Smoking during pregnancy is related to low birth weight and premature births (African Americans have the highest rates among all ethnic groups in the United States).

- Babies of moms who smoke during and after pregnancy are 2 to 3 times more likely to die from SIDS (sudden infant death syndrome, also called “crib death”) than babies with non-smoking moms.

- Quitting smoking also increases your chance of going into labor 3 weeks early or more. If your baby is born this early, he or she may face serious health problems right away, disabilities (such as cerebral palsy, mental retardation, and learning problems) that will never go away, and even death.