FAMU Multi-Purpose Gym
Weight Room Exercise Equipment List 2009

Not As Specified (NAS) Codes

**NAS 1**

Promaxima BH-SB2 Spin Bike (lowest bid)
A No emergency stop feature
B No dual water bottle holder
C Steel frame, not rust resistance
D No labor warranty

Fitness Pro Fitnex Velocity Spinner (2nd lowest bid)
A Steel frame, not rust resistance
B Does not have water bottle holders

**NAS 2**

A Only Star Trac leg extension has center mount roller foot pads for added strength and balance for exercise movement. (4th lowest bid)
B Meet all specs requirement

**NAS 3**

A Only Star Trac Impact has center mount roller pads (4th lowest bid)
B Only Star Trac Impact has patented lock ‘n load pinless weight selection system
C Meet all specs requirement

**NAS 4**

A Only Star Trac Impact has patented lock ‘n load pinless weight selection system (4th lowest bid)
B Meet all specs requirement

**NAS 5**

A Only Star Trac Deltoid PR-S4302 has the smallest shipping weight of 310 lbs (4th lowest bid)
B Only Star Trac has front entry, forward lean exercise movement
C Only Star Trac meets all spec requirements
**NAS 6**

A  Only Star Trac has patented lock ‘n load pinless weight selection system, back roller pad and handgrip stabilizing arms. ((4th lowest bid)
B  Only Star Trac meet all specs requirement

**NAS 7**

A  Promaxima provides no specific dimensions, no specs and no photo (lowest bid)
B  fitness Pro provides no photo, and no dimensions (2nd lowest bid)
C  NK Sports provides no photo (3rd lowest bid)
D  Lifefitness dimension for width (16.5”) is too narrow and unstable (4th lowest bid)

**Item #12: No Change**

**Item #13: No Change**

**NAS 8**

Promaxima UTS-100 has only line drawing provided only, with no dimensions, and no photo provided (lowest bid)

**NAS 9**

Promaxima UTS-200 has only line drawing, no dimensions given, no photo, and showed wrong equipment, shoulder press. (lowest bid)

**NAS 10**

Promaxima UTS-350 has only line drawing, with no dimensions, and no photo reference. (lowest bid)

**NAS 11**

Promaxima Raptor Abs Crunch P-6100 (lowest bid)
A  No elbow pads for upper body stabilization
B  Only 150 lbs weight stack
C  No Abcam system
D  No lumbar curvature on back pad

**NAS 12**

Promaxima Raptor Rear Deltoid/Pec fly P-1100 (lowest bid)
A  No lumbar back support
B  Only 225lbs weight stack instead of 305 lbs
C  No floating arm design to create user exercise pattern
D No easy glide seat adjustment

**NAS 13**

Promaxima Raptor P-3000 Bicep Curl (lowest bid)
A 150 lbs weight stack instead of 225 lbs
B No chest pad support
C No ergonomic grip for wrist positions
D No easy glide seat positioning

**NAS 14**

Promaxima Raptor P-2220 Converging Shoulder (lowest bid)
A 225 lbs weight stack instead of 305 lbs
B No lumbar support on back pad
C No easy glide seat positioning

**NAS 15**

Promaxima Leg Press, P-5000 (lowest bid)
A Pivoting motion instead of linear motion
B 300 lbs weight stack instead of 405 lbs weight stack
C No lumbar support back pad
D Seated position instead of lying supine position

**NAS 16**

Promaxima Multi Hip P-143 (lowest bidder)
A Single stitching exposed borders
B No wear cover
C Pivot point adjustment
C Platform don’t adjust to user height

Lifefitness Hip and Glute (PSHGSE) (2nd lowest bid)
A Steel platform, not rust resistant
B Movement arm not fully adjustable.

**NAS 17**

Promaxima 8-station Multi Gym (lowest bid)
A Nylon pulleys
B 1 cross bar/chin station
C Only 8 stations!
NAS 18

Promaxima PL-41 Abs and Back Extension (lowest bid)
A Small curved pads for hips
B Do not have adjustable foot support

Lifefitness Hammer Strength Glute-Ham (2nd lowest bid)
A Has no linear bearing assist footplate carriage system
B Has no adjustable foot support system

NK Sports Glute Ham (3rd lowest bid)
A Has no linear bearing assist footplate carriage system
B Has no adjustable foot support system

NAS 19

Promaxima Smith machine PLR-955 (lowest bid)
A 7 degree inclination is excessive
B Starting resistance of 10 lbs and not fully counterbalance

Lifefitness hammer strength Smith machine HSSM (2nd lowest bid)
A 7 degree inclination is excessive
B Starting resistance of 15 lbs and not fully counterbalance

NAS 20

Promaxima Hyperextension Bench FW-78 (lowest bid)
A Standard flat upholstery
B No adjustment to angle of incline
C No molded foot pads

Lifefitness Back Extension BWBE (2nd lowest bid)
A No convex footplate
B No adjustable angle of inclination

NK Sports Oblique flexor (3rd lowest bid)
A No convex footplate
B No adjustable angle of inclination
**NAS 21**

Promaxima Hip Flexion
A  Do not have dip station (lowest bid)

**NAS 22**

Promaxima Power rack PL 570 (lowest bid)
A  Sliding weight horns not easy to adjust
B  Only one cross bar, less stable

**NAS 23**

Only Tuff Stuff has molded feet support and molded feet for bench and meets all specs requirement (2\(^{nd}\) lowest bid)

**NAS 24**

Promaxima Muti purpose Bench, FW-150 (lowest bid)
A  No rubber molded feet for rust resistance
B  No blanket cover for extra wear and tear

Lifefitness Adjustable Incline Bench (FWADJ) (32\(^{nd}\) lowest bid)
A  Adjust only to 75 degrees and not 90 degrees.
B  No built-in handle for easy roll away.

**NAS 25**

Promaxima Flat Bench PLR-600 (lowest bid)
A  No off-floor design for stability
B  No dimensions nor specs given

NK Sports Bench 1030 (2\(^{nd}\) lowest bid)
A  No handle and wheels for easy roll away
B  No off-floor design for stability

Lifefitness Flat Bench, FWFB
A  No handle and wheels for easy roll away
B  No molded feet
NAS 26

Promaxima Adjustable Decline FW-30 (lowest bid)
A No adjustable leg support
B No rubber molded feet

NK Sports Decline Utility Bench, 1050 (2nd lowest bid)
A No adjustable leg support
B No rubber molded feet

Lifefitness Decline Bench (3rd lowest bid)
A No adjustable leg support
B No blanket cover for wear and tear

NAS 27

(3rd lowest bid)
Only Tuff Stuff has multiple angle adjustments and adjustable leg support roller pads for femur lengths. Meets all specs requirement.

NAS 28

Only Tuff Stuff Arm curl meets all specs requirements. It has biomechanically correct arm pad support and adjustable to users arm. (2nd lowest bidder)

NAS 29

Only Tuff Stuff has 2 safety racking pins on the uprights and stainless steel catches with 10 horns. Meets all specs requirements (3rd lowest bid)

NAS 30

Only tuff stuff has heavy duty diamond plate spotter platform and stainless steel bar catches and protective cover. Seat and foot bar attachments adjusts for proper torso positioning. Meets all specs requirements. (3rd lowest bid)

NAS 31

Only Tuff Stuff has a 8-stage paint preparation process with 6 prong bar holders and wide base of support. It also has double Olympic bar holders. Meets all specs requirements. (2nd lowest bidder)

All others: No Change.