Dear Supporter,

Over the past five years several organizations in our community have joined forces to implement Community Healing Days. Community Healing Days℠ was established by the Community Healing Network, Inc. in New Haven, CT. It is held on the third weekend of every October, to put “time for healing” on the Black community’s agenda and to serve as a catalyst for the establishment of year-round healing programs. The first Community Healing Days were celebrated October, 2008 in Montclair, New Jersey and Tuskegee, Alabama. In 2012, over 135 cities across the United States celebrated Community Healing Days.

The 5th Annual Community Healing Days in Tallahassee will be held October 14-16, 2016. Our theme this year is “Healing through Spirit and Self-determination.” The purpose of this celebration is to raise awareness about those factors that impact African Americans’ ability to thrive in areas of education, health, and economic development and to promote a sense of community and empowerment based upon the recognition of the true potential and abilities that reside in the African American community.

The activities will be held on the South Side and will include the following.

- **Friday, October 14, 2016**: Community conversation addressing the needs and priorities of residents of the South Side and Frenchtown communities. Light dinner.
- **Saturday, October 15, 2016**: Yoga, Afrikan dance, Line dancing; health screenings; workshops on nutrition, health and mental health. Continental breakfast & light dinner.
- **Sunday, October 16, 2016**: Poetry, dance, song music entertainment and discussions about community healing; presenters; 7-word healing contest; face painting; light dinner.

All activities are free of charge and open to the public. Your support is requested in one or more of the following ways:

- **Donations**: Donations of food, drinks, paper products, art supplies, or gifts may be made. To make a donation, please contact us at tallhealingdays@gmail.com
- **Sponsorships**: Sponsorships help support the implementation of the events by providing resources needed for rental of space and marketing of the event. Checks should be made payable to South Side Arts Complex and Community Healing should be placed on the memo line. Please give your check or money order to one of the committee members.
- **Bronze Level - $100**: Recognition of your organization at the events; listing on program; listing on Facebook.
- **Silver Level - $250**: Recognition of your organization at events; listing on program; listing on Facebook, Logo of your organization projected on screen during events.
- **Gold Level - $500**: Recognition of your organization at events; listing on program; listing on Facebook, Logo of your organization projected on screen during events; Certificate of Recognition at Awards Ceremony.

With gratitude,

**Tallahassee Community Healing Days Coalition**

Marcus Rhodes, Executive Director, South Side Arts Complex, Inc.

Huberta Jackson-Lowman, Ph.D., Association of Black Psychologists-North Florida, Community Healing Days Chair

Ashley Freeze, FAMU Association of Black Psychologists Student Circle
  - Daniel Hollar, Ph.D., UPBA
  - Fajr Ibraheem, MSW
  - Eyitayo Onifade, Ph.D., UPBA
  - Bianca Owens, MS
  - Tanisha Pelham, MS

Frankel St. Louis, FAMU Community Psychology Student

Bruce Strouble, Ph.D., Citizens for a Sustainable Future

Margaret White, Community Organizer

Justin Williams, MS
COMMUNITY HEALING DAYS
Donation/Sponsorship Form

Name of Person/Organization _____________________________________________

Mailing Address ______________________________________________________

Phone ______________________ email ________________________________

Please check one of the following:

__ Donation (Please describe)

___________________________________________________________________
___________________________________________________________________
___________________________________________________________________

Sponsorships:  ___ Check      ___ Money Order     ___ Cash

___ Bronze ($100)

___ Silver ($250)

___ Gold ($500)

___ Other (Indicate amount: ________)

Received by:  _________________________________________________________

Date ________________________________________________________________