About Our Services

Mission Statement

Services and Programs

Our Counseling Services office is accredited by the International Association of Counseling Services (IACS). We provide a professional, confidential atmosphere where students can discuss academic and personal issues. In addition, our services are free to enrolled FAMU students. Students who take advantage of our services are students just like you. Areas of concerns include roommates, relationships, study skills, procrastination, depression, and test anxiety. Our services are expanding because students seem to appreciate our nonjudgmental and supportive style. We make sure that all students are served in an equitable and fair manner regardless of race, gender, religion, ethnicity, sexual orientation or physical ability.

Confidentiality

As required by law, counseling sessions at the Counseling Services is confidential. No information is disclosed to anyone (e.g., parents, professors, administration) in any identifiable manner without prior written consent from the student. The exceptions are when a student is in danger of harming him/herself or others, when there is suspected elderly or child abuse, or when a judge mandates disclosure to a court of law.

Mission Statement

The mission of the Office of Counseling Services of Florida A & M University is to increase students’ academic success, self-awareness, and knowledge of potential growth and challenges of collegiate experiences through outreach, counseling, consultation, and crisis intervention. The Office of Counseling Services exemplifies and seeks to foster within those whom they serve the following values: courage, diversity, ethics, excellence, respect, scholarship, and service.

Services and Programs

While the college experience is often exciting and enjoyable, it can also be quite stressful. At the Counseling Services office, students will find a committed group of trained, multidisciplinary professionals ready to assist them with a variety of academic and personal concerns to foster positive college adjustment. Our office offers a variety of programs and services which includes

- Individual Counseling
- Group Counseling
- Psychiatric Consultations
- Educational Workshops
- Academic Support
- Consultations for Parents, Staff, and Faculty
- Counseling Center Library

In addition, the Counseling Services Office sponsors a Residence Life Seminar Series coordinated with the Office Student Housing, the Counselor in the Classroom Program, activities on “the Set”, the Division
of Student Affairs' Alcohol Awareness Day, National Depression Screening Days, and Sexual Assault Awareness and Prevention Week. Specific workshops can be requested throughout the year.

The Counselor in the Classroom Program can be utilized by any faculty member. When a faculty member has to be absent from a class, if given two week's notice, CS staff may be able to meet with the class and provide educational programming. With the assistance of the faculty member, a counselor may develop an appropriate student assignment to be given to the faculty the next class period. To schedule educational programming simply complete the workshop form or call our office at 599-3145. Faculty and staff who wish to receive counseling services may call the Employee Assistance Program at 1-800-272-7252.